



MIDDLETON GROVE

INDEPENDENT LIVING WITH CARE SUPPORT

“A unique independent lifestyle providing spacious and comfortable accommodation”



The Middleton Grove apartments are designed to offer an exclusive lifestyle for anyone who enjoys their independence but would benefit from living in a friendly community offering care support, companionship and security.

Surrounded by the beautiful Middleton Hall estate, the apartments provide more than just a place to live. Whether you're unwinding with a good book from the library, exploring your creativity in the art studio, having coffee in the Orangery Bistro, or keeping active in the swimming pool, jacuzzi, or gym, there's something for everyone to enjoy each day.



ELEGANT, SPACIOUS ACCOMMODATION

The attractive apartments include some recently refurbished apartments in the Georgian wing of Middleton Hall. All feature a living room, bedroom and an accessible bathroom. The kitchens are equipped so that residents have the choice of preparing their own meals, promoting independence.



ENJOY A SUPPORTED LIFESTYLE

Living in Middleton Grove provides a comfortable lifestyle where residents can choose the level of support and assistance they require in the day-to-day household tasks, such as housework and laundry.

MIDDLETON GROVE A LIFESTYLE CHOICE

The choice of lifestyle options is designed to support residents to maintain their independence they include some level of assistance, housekeeping and maintenance with options available for additional care support if needed. Input from the Health and Wellbeing team including use of the swimming pool, exercise areas, activities, events and weekly trips out, are available to all residents.

Both options include all utility bills, an individual telephone and Wi-Fi access. Morning coffee and afternoon tea is served daily in the lounge.

- The independent choice includes lunch served in the dining room with additional provisions provided weekly in the apartment. A driver is made available for transport to appointments.
- The inclusive independent choice offers all meals with the option of having these in the apartment, additional assistance and an escort to appointments if required.

FEES AND APARTMENT OPTIONS

Our ongoing refurbishment programme will introduce five distinct styles of modern, thoughtfully designed accommodation across sixteen spacious apartments. Several of our larger apartments are suitable for shared living, offering flexibility for couples.

Weekly fees begin at £1,592 for single occupancy and £2,328 for couples sharing, based on the independent package. Rates vary depending on the apartment's style and size, as well as the level of care and support required.

Short stay breaks are subject to availability and can be used for holiday, post operative recuperation or to allow family time to have a break from a caring role as well as an opportunity to experience life at Middleton Hall prior to committing to a full time move.

OTHER IMPORTANT INFORMATION

Accommodation Address	Middleton Grove, Middleton Hall Retirement Village, Middleton St George, Darlington, DL2 1HA
Care	Additional care and support is available, charged at £50 per hour based on assessment of needs. Monthly health and wellbeing checks are carried out to help support with changing needs at the earliest opportunity
Insurance	Each room has contents insurance up to the value of £2,500, maximum of £200 cash. If the value of their contents is over this amount residents are advised to take out their own policy. Residents are advised not to have items of high value in their apartments. Mobility scooter owners are required to have their own liability insurance.
Smoking/Vaping Policy	Middleton Hall operates a no smoking/vaping policy. Middleton Hall and Middleton Oaks are no smoking/vaping sites.
Fee Increases	All weekly fees are subject to an annual review. One month's notice of any changes is provided.
Change to care needs	Middleton Grove is a service which promotes independent living with a small amount of care support, therefore should resident's level of care needs change - Middleton Hall will engage with the resident, their family/representatives to discuss the need to transfer to another more appropriate Care Service within Middleton Hall e.g. development of an acute illness. This may also be subject to an increase or decrease in the weekly fee.
Notice period	There is a 30 days' notice period for moving out of the apartment. Liability for this charge remains if you move before the 30 days period has ended.
Refurbishment Costs	Refurbishment of a vacated apartment is the responsibility of Middleton Hall. Any unauthorised changes to the apartment would be chargeable.
In the event of death	Weekly fees will cease on the day of death.



AN OPPORTUNITY TO THRIVE IN A SUPPORTIVE RETIREMENT VILLAGE COMMUNITY



Our extensive facilities, amenities and services are designed to support people to live well. The peaceful surroundings of our estate offer accessible woodland and lakeside walks and glorious gardens right on the doorstep. There are also community allotments, a ceramic garden, chicken run, bird hide and wildlife wetland area. The pavilion and outdoor sports area include a full size outdoor bowling green, boules pitch and a golf pitching area as well as a putting green, where we hold an annual sports day for all residents.



Middleton Hall's exclusive Health & Wellbeing Centre provides a fully equipped gym and fitness studio, swimming pool, jacuzzi and hair salon, as well as personal therapy rooms for beauty therapy and chiropody sessions.



The popular Orangery Bistro is open daily, and the elegant surroundings of the Middleton Hall Restaurant provide the backdrop for events and themed dining evenings. A busy and varied schedule of activities includes creative classes in our art studio, visiting musicians, entertainers and film nights, alongside indoor sports, such as carpet bowls and fun fitness sessions. Residents can also join regular excursions to local places of interest.

Please contact Caroline Soullier on 01325 332207 if you are interested in knowing more about the services we will offer and to view the new facilities.