



Care Services Trips – September 2025

Trips are open to all residents. If a resident would like to go on any of the trips below, please contact the host service to check availability.

Please can all services inform the Health & Wellbeing Team of numbers attending a day in advance.

Date	Time	Host Service	Pick up point	Location
Monday 1 st	10am	Middleton Oaks	Oaks Carpark	Arcadia
Tuesday 2 nd	10:30am	Middleton Gardens	Main Reception	Broom Mill Farm
Wednesday 3 rd	2pm	Middleton Grove	Main Reception	Tees Barrage
Thursday 4 th	10am	Middleton Oaks	Oaks Carpark	Saltholme
Thursday 4 th	2pm	Middleton Court	Court Entrance	Zen Den
Monday 8 th	10am	Middleton Oaks	Oaks Carpark	Kirk Levington Café
Tuesday 9 th	10:30am	Middleton Gardens	Main Reception	Aviator Bistro
Wednesday 10 th	2pm	Middleton Grove	Main Reception	Wynyard Hall
Thursday 11 th	10am	Middleton Oaks	Oaks Carpark	Mainsgill
Thursday 11 th	2pm	Middleton Court	Court Entrance	Archers Ice Cream
Monday 15 th	10am	Middleton Oaks	Oaks Carpark	Air Ambulance – Hangar 63
Tuesday 16 th	10:30am	Middleton Gardens	Main Reception	Dobbie's Garden Centre
Wednesday 17 th	2pm	Middleton Grove	Main Reception	Preston Park Museum
Thursday 18 th	10am	Middleton Oaks	Oaks Carpark	Cherry Tree
Thursday 18 th	2pm	Middleton Court	Court Entrance	Wynyard Hall
Monday 22 nd	10am	Middleton Oaks	Oaks Carpark	Curlew Café
Tuesday 23 rd	10:30am	Middleton Gardens	Main Reception	Hopetown Museum
Wednesday 24 th	2pm	Middleton Grove	Main Reception	Aviator Bistro
Thursday 25 th	10am	Middleton Oaks	Oaks Carpark	G & Tea House
Thursday 25 th	2pm	Middleton Court	Court Entrance	Spring House Farm Shop
Monday 29 th	10am	Middleton Oaks	Oaks Carpark	Raby Castle
Tuesday 30 th	10:30am	Middleton Gardens	Main Reception	Preston Park Museum

Please pass on any resident trip requests to the Health & Wellbeing Centre