



Care Services Trips – January 2026

Trips are open to all residents. If a resident would like to go on any of the trips below, please contact the host service to check availability.

Please can all services inform the Health & Wellbeing Team of numbers attending a day in advance.

Date	Time	Host Service	Pick up point	Location
Monday 5 th	10am	Middleton Oaks	Oaks Carpark	The Story - Durham
Tuesday 6 th	10:30am	Middleton Gardens	Main Reception	Mainsgill
Wednesday 7 th	2pm	Middleton Grove	Main Reception	Teesside Park
Thursday 8 th	10am	Middleton Oaks	Oaks Carpark	Broom Mill Farm Shop
Thursday 8 th	2pm	Middleton Court	Court Entrance	Cherry Hill
Monday 12 th	10am	Middleton Oaks	Oaks Carpark	Air Ambulance – Hangar 63
Tuesday 13 th	10:30am	Middleton Gardens	Main Reception	Roots Farm Shop
Wednesday 14 th	2pm	Middleton Grove	Main Reception	Green Lane Nurseries
Thursday 15 th	10am	Middleton Oaks	Oaks Carpark	Curlew Cafe
Thursday 15 th	2pm	Middleton Court	Court Entrance	Five Houses Farm Shop
Monday 19 th	10am	Middleton Oaks	Oaks Carpark	Locomotion
Tuesday 20 th	10:30am	Middleton Gardens	Main Reception	The Vinery
Wednesday 21 st	2pm	Middleton Grove	Main Reception	Richmond
Thursday 22 nd	10am	Middleton Oaks	Oaks Carpark	Windlebridge
Thursday 22 nd	2pm	Middleton Court	Court Entrance	Spring House Farm Shop
Monday 26 th	10am	Middleton Oaks	Oaks Carpark	Thorpe Farm
Tuesday 27 th	10:30am	Middleton Gardens	Main Reception	The Tack Room
Wednesday 28 th	2pm	Middleton Grove	Main Reception	Kirkleatham Museum
Thursday 29 th	10am	Middleton Oaks	Oaks Carpark	Wynyard Hall
Thursday 29 th	2pm	Middleton Court	Court Entrance	Dobbie's Garden Centre

Please pass on any resident trip requests to the Health & Wellbeing Centre