



THERAPY PRICE LIST

***Call the Health and Wellbeing Centre on
01325 528187 for an appointment with Helen***

Nails

	Regular polish		Gel	BIAB	
File, shape & polish	£15	20 mins	£22	£25	1 hour
Hands and feet	£25	45 mins	£40	£43	1 hour 30 mins
Full manicure	£20	30 mins	£27	£30	1 hour 15 mins
Full pedicure	£25	30 mins	£32	£35	1 hour 30 mins
Full mani and pedi	£40	1 hour	£55	£57	2 hours 30 mins

Eyes

Requires a patch test 24 hours before

Brow wax	£8	15 mins
Brow tint	£8	20 mins
Lash tint	£8	20 mins
Combine 2	£13	30 mins
Combine all 3	£19	30 mins
Lash lift & tint	£35	1 hour
Henna brows	£18	45 mins
Brow lamination (fluffy brows)	£35	1 hour

***Times include consultation, treatment,
and aftercare advice***



MIDDLETON HALL
RETIREMENT VILLAGE

HEALTH & WELLBEING CENTRE

Waxing

Lip or chin	£5 each	15 mins
	£8 both	20 mins
Underarm	£10	20 mins
Half leg	£20	40 mins
Full leg	£25	1 hour
Bikini line	£20	30 mins
Therapeutic hot wax bath - hands/feet/joints	£20	40 mins

Soothes Arthritis & Joint Pain Relief - Can last up to 3 Weeks

Facials

*Using luxury Temple Spa products
All are cleanse, tone and moisturise*

Express	£20	20 mins
Deluxe - plus mask, moisturise and massage	£30	30 mins
Luxurious - plus eye serum, neck gel and face serum	£40	40 mins
LED light therapy, derma-plane or micro-dermabrasion (add one of any)	£6	+5 - 10mins

Massage

Hand or feet	£15	30 mins
Swedish massage - partial	£20	30 mins
Swedish massage - full body	£35	1 hour
Aromatherapy massage - partial	£25	30 mins
Aromatherapy massage - full body	£40	1 hour
Indian head massage	£25	30 mins
Hopi ear candles	£20	30 mins
Or add to a facial for	£10	