



### Care Services Trips – February 2026

**Trips are open to all residents. If a resident would like to go on any of the trips below, please contact the host service to check availability.**

**Please can all services inform the Health & Wellbeing Team of numbers attending a day in advance.**

Date	Time	Host Service	Pick up point	Location
Monday 2 <sup>nd</sup>	10am	Middleton Oaks	Oaks Carpark	Whitegates
Tuesday 3 <sup>rd</sup>	10:30am	Middleton Gardens	Main Reception	G & Tea House
Wednesday 4 <sup>th</sup>	2pm	Middleton Grove	Main Reception	Sam Turners
Thursday 5 <sup>th</sup>	10am	Middleton Oaks	Oaks Carpark	The Witham
Thursday 5 <sup>th</sup>	2pm	Middleton Court	Court Entrance	Aviator Bistro
Monday 9 <sup>th</sup>	10am	Middleton Oaks	Oaks Carpark	Mainsgill Farm Shop
Tuesday 10 <sup>th</sup>	10:30am	Middleton Gardens	Main Reception	Curlew Cafe
Wednesday 11 <sup>th</sup>	1:45pm	Middleton Grove	Main Reception	Yarm School Choir 2:30pm Performance
Thursday 12 <sup>th</sup>	10am	Middleton Oaks	Oaks Carpark	Zen Den
Thursday 12 <sup>th</sup>	2pm	Middleton Court	Court Entrance	Stones Cafe
Monday 16 <sup>th</sup>	10am	Middleton Oaks	Oaks Carpark	Eppleby Village Tea Room
Tuesday 17 <sup>th</sup>	10:30am	Middleton Gardens	Main Reception	The Station – Richmond
Wednesday 18 <sup>th</sup>	2pm	Middleton Grove	Main Reception	RSPB Saltholme
Thursday 19 <sup>th</sup>	10am	Middleton Oaks	Oaks Carpark	Preston Park Museum
Thursday 19 <sup>th</sup>	2pm	Middleton Court	Court Entrance	Whinstone View
Monday 23 <sup>rd</sup>	10am	Middleton Oaks	Oaks Carpark	Daisy Mae's Tea Room
Tuesday 24 <sup>th</sup>	10:30am	Middleton Gardens	Main Reception	Northallerton
Wednesday 25 <sup>th</sup>	2pm	Middleton Grove	Main Reception	Windlebridge Nursery
Thursday 26 <sup>th</sup>	10am	Middleton Oaks	Oaks Carpark	Hangar 63
Thursday 26 <sup>th</sup>	2pm	Middleton Court	Court Entrance	Raby Castle

**Shopping Trip to Morrisons on Friday 13<sup>th</sup> & 27<sup>th</sup> February. 2pm, Reception.**

**Please pass on any resident trip requests to the Health & Wellbeing Centre**