



Care Services Trips – February 2026

Trips are open to all residents. If a resident would like to go on any of the trips below, please contact the host service to check availability.

Please can all services inform the Health & Wellbeing Team of numbers attending a day in advance.

Date	Time	Host Service	Pick up point	Location
Monday 2 nd	10am	Middleton Oaks	Oaks Carpark	Whitegates
Tuesday 3 rd	10:30am	Middleton Gardens	Main Reception	G & Tea House
Wednesday 4 th	2pm	Middleton Grove	Main Reception	Sam Turners
Thursday 5 th	10am	Middleton Oaks	Oaks Carpark	The Witham
Thursday 5 th	2pm	Middleton Court	Court Entrance	Aviator Bistro
Monday 9 th	10am	Middleton Oaks	Oaks Carpark	Mainsgill Farm Shop
Tuesday 10 th	10:30am	Middleton Gardens	Main Reception	Curlew Cafe
Wednesday 11 th	1:45pm	Middleton Grove	Main Reception	Yarm School Choir 2:30pm Performance
Thursday 12 th	10am	Middleton Oaks	Oaks Carpark	Zen Den
Thursday 12 th	2pm	Middleton Court	Court Entrance	Stones Cafe
Monday 16 th	10am	Middleton Oaks	Oaks Carpark	Eppleby Village Tea Room
Tuesday 17 th	10:30am	Middleton Gardens	Main Reception	The Station – Richmond
Wednesday 18 th	2pm	Middleton Grove	Main Reception	RSPB Saltholme
Thursday 19 th	10am	Middleton Oaks	Oaks Carpark	Preston Park Museum
Thursday 19 th	2pm	Middleton Court	Court Entrance	Whinstone View
Monday 23 rd	10am	Middleton Oaks	Oaks Carpark	Daisy Mae's Tea Room
Tuesday 24 th	10:30am	Middleton Gardens	Main Reception	Northallerton
Wednesday 25 th	2pm	Middleton Grove	Main Reception	Windlebridge Nursery
Thursday 26 th	10am	Middleton Oaks	Oaks Carpark	Hangar 63
Thursday 26 th	2pm	Middleton Court	Court Entrance	Raby Castle

Shopping Trip to Morrisons on Friday 13th & 27th February. 2pm, Reception.

Please pass on any resident trip requests to the Health & Wellbeing Centre