



# Reiki Treatments

Therapy Room,  
Health and Wellbeing  
Centre.

Middleton Hall  
Middleton St George



**Email Tracy for further information and  
booking:[flowandflourishheals@gmail.com](mailto:flowandflourishheals@gmail.com)**

Wanting to find deep relaxation, feel calmer and support your emotional and physical wellbeing?

Reiki is a form of complementary therapy from Japan that aims to promote relaxation and reduce stress.

Book :

**Relax with Reiki 60 mins £40**

**Reiki Refresher 20 mins £15**

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