



MIDDLETON HALL

RETIREMENT VILLAGE

HEALTH & WELLBEING CENTRE

Plus Membership

£63 per month - £10 Joining Fee

Welcome Pack Plus – Branded Drinks Bottle, Coffee Loyalty Card, Complimentary Orangery Hot Drink Voucher, 2 Free Guest Passes

Unlimited access to gym and pool during opening times

Complimentary Exercise Programme & Nutrition Plan

Exercise Classes

Access to Middleton Hall Sports Facilities and Woodland Walk

Access to Middleton Hall Public & Member Events

25% ongoing discount on Gait Smart Testing

25% ongoing discount on PT Sessions

